

If you are having problems reading this newsletter, please [click here](#).

Follow us on Social Media:   



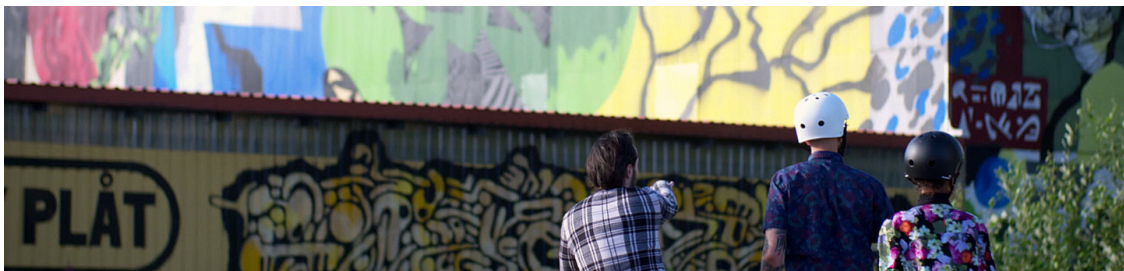
[www.westsweden.com](http://www.westsweden.com) | [Forward](#) | [Subscribe](#) | [Unsubscribe](#)

## The lobster season is finally here

The main event of the autumn – the first day of the lobster season! In Bohuslän, the beginning of the lobster fishing period is just as important as the annual elk hunt, and at 7am on Monday 25th September both professional fishermen and keen locals put their lobster pots in the water. Then all they have to do is wait to catch the Black Gold of the ocean



[Book a lobster safari or another lobster package on the dedicated site for "The Shellfish Journey"](#)



## Meet the Locals of West Sweden

There are many ways to experience everyday life, or a new city, from someone else's perspective. It has never been so easy to personalise your trip! Some of our locals might organise a guided tour, some might take you jogging, or just show you how to bake their favourite cake. Focus in on the small and simple experiences and get the most out of your trip.

[Find your locals here](#)



## Hike Dalsland's Pilgrim Trail

Experience the beauty of **Dalsland's Pilgrim trail**. Start and finish your trek in comfortable accommodation, with tasty home cooked meals. In between, make your own way across 40 km of wilderness. Come out to Dalsland's forests, full of shimmering lakes. Put your boots on and tackle the shifting landscapes and terrains. Stop at a campsite for the night and cook up your own dinner. It never tastes as good as when you're outdoors in the forest.

[Make your reservation here](#)



## Alingsås - The fika capital of Sweden

If 'fika' is your cup of tea then you must visit the lovely town of Alingsås in West Sweden, it's the fika capital of Sweden. The Swedish fika, a coffee or tea break with cakes and biscuits, is a national institution in Sweden and almost obligatory in workplaces. The tour takes in some of the finest cafés Alingsås (just 40 minutes from Gothenburg) has to offer.

[Read more](#)



## Welcome to Lights in Alingsås this autumn

Every October since the year 2000, leading lighting designers have been invited to Alingsås to demonstrate their expertise. For five weeks, dark evenings and outdoor environments are turned into fascinating and exciting light installations. Lights in Alingsås attracts more than 85 000 visitors every year. We wish you a warm welcome to Lights in Alingsås this autumn!

[Read more](#)



## Kayaking in the world's most beautiful archipelago

All the way from the Gothenburg archipelago in the south to the Koster islands in the north, is a paddler's paradise, with a marine national park, nature reserves, deserted isles, fishermen's huts and clear blue waters.

According to CNN the Bohuslän coast with its thousands of islands is one of the top 10 last great wilderness areas in the world. We agree.

[Kayaking packages in West Sweden](#)



## Explore the gold of Lake Vänern

The vendace roe fishing season in West Sweden is from 17th October until 17th December. There are around 10 specialised fishermen who are based at Spiken harbour in Lidköping, and vendace roe fishing is their main income. When the catch of vendace is landed the fish are handled by eight teams of three or four experts who work from fishing huts, and whose full time job it is to squeeze out the fish eggs, hang them out to dry for a couple of days and then salt them. The roe is then packaged, frozen and finally delivered all over Sweden.

If you like vendace roe you'll love this vendace roe-centric autumn trip to the fishing village of Spiken on the shores of giant Lake Vänern, where you get a hands-on tutorial from the fishermen and then help to squeeze out the vendace roe and prepare it.

[Read more about the vendace roe-centric autumn trip here](#)



## Visit the Autumn City Gothenburg

Between 28 September and 10 November Gothenburg, the capital of West Sweden, transforms itself into the perfect autumn escape destination. During these dates the city will host a broad variety of activities for all ages, making it ideal for an autumn break. Experience Halloween horrors at Liseberg Amusement Park, a pumpkin cavalcade at the Gothenburg Botanical Garden, creepy science at Universeum Science Park and much more.

[Read about Gothenburg Autumn City here](#)



## Gothenburg Chocolate Liquorice & Delicacy Festival

This tasty fair, which will be held September 22-24 at Eriksbergshallen, is a paradise for those who love chocolate, liquorice and deli delights! For the 11th year in a row, the fair offers treats from all over the world, and throughout the festival weekend you can participate in competitions, various tastings and lectures. This year it will be the largest confectionary and deli fair in all the Nordic countries and there will be more fair trade, organic and local produce than ever before.

[Read more here](#)

---

West Sweden Tourist Board, Box 53199, S-400 15 Gothenburg, [info@vastsverige.com](mailto:info@vastsverige.com), +46 (0) 31 81 83 00

[Webb](#) | [PDF](#) | [Print](#)

Photographers: Roger Borgelid, Pensky's Agency, Jonas Ingman, Per Gunnar Helin, Henrik Trygg, Frida Winter/Göteborg & Co

---