

Winter 2018

Winter delicacies from the sea

Susanna of Ljungskiles Havsdelikatesser extends a flavoursome invite

"MUST-LOVE DRINK

Try the traditional Swedish fruit drink 'must' at Röds musteri; bring your own apples and make your own

Autumn and winter adventures for young and old

WINTER SWIMMING CROSS-COUNTRY SKIING TRAILS CHRISTMAS LIGHTS WALK



INSTAGRAM-FRIENDLY UDDEVALLA

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a part of ... BOHUSLAN

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YULETIDE IN UDDEVALLA

It will be a very special Christmas in Uddevalla this year. After being fenced off during renovation work, Kungsgatan will be the centre of a host of Christmas activities. Kungstorget will have a historic feel when we celebrate the 300-year anniversary of the crowning of Queen Ulrika Eleonora right here - a contemporary experience that brings us closer to our history. The city centre will also host a traditional Christmas Market Square with Christmas Giving Tree, Christmas Windows Sunday, the opening of this year's Christmas lights and Christmas Lights Walk. The annual Torch Walk along the waterside board walk "Strandpromenaden" is a much-loved and well-attended event that brings together residents and visitors, as does Bohusläns Museum's winter exhibitions and the area's many Christmas markets.

Our magazine also introduces you to some of the city's innovative entrepreneurs whose engagement makes this a great place for all of us. All year round.

Happy reading!

Roger Salomonsson

Executive Director Destination Uddevalla Ann-Louise Öhrn

Communications Manager Uddevalla Municipality

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Uddevalla Tourist Centre

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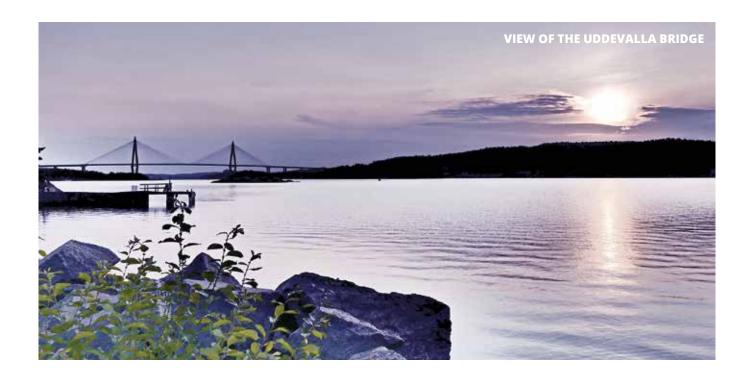
Be inspired

@UDDEVALLAOCHDU

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UDDEVALLA

Surrounded by smooth rocks, the salty ocean, and mountains covered by lush forests, Uddevalla is situated by the tranquil waters of Bohuslän's beautiful inner archipelago. Here, you can experience boat tours all year round, hike to historical outlooks or swim from heritage sites. The city's history is truly exciting. Having changed nationality seven times, Uddevalla has been Swedish, Norwegian and Danish at different points in time, but it was the Norwegians that named it Oddevall in 1498 and also gave

Byfjorden its name, the body of water that winds its way along the coastal landscape all the way into the city centre. Carl von Linnéaus sailed into the city on this water in 1746. "We believed we had arrived in Venice itself, when we arrived in Uddewalla," he apparently said. To this day you can sail all the way into central Uddevalla - the perfect starting point for experiencing the city or the beautiful Bohuslän region.

Robert's beer puts Uddevalla on the map

ROBERT EXTENDS HIS WELCOME

ONLY TWO YEARS HAVE PASSED since Robert Larsson left his job in the taxi industry to start his own beer brewery in the basement of his home. Today, he brews several varieties of beer that are sold to restaurants and Systembolaget. - The interest in locally produced beer is high. Only a week after the launch, five restaurants had heard of it, says Robert.

Pale Ale Gustafsberg, IPA Skeppsviken and DIPA Hafstens udde. Robert's beers carry the names of his favourite places in Uddevalla and the company name is simply Uddevalla Bryggeri (Brewery).

- I want to show that I'm proud of our city and want to celebrate my favourite places. The names attract an interest in both the beer and the places – a bonus marketing effect, he says.

CURIOUS ABOUT BEER

Starting a microbrewery at home was perhaps both a surprise and natural development. A taxi operator for many years, Robert knew what running a

business meant. However, beer has not always been Robert's great interest.

- I was mostly into wine and collected champagne. At most, I would enjoy a pint every once in a while. But in the spring of 2014, I had a wonderful taste experience at a restaurant in Stockholm. They served a powerful beer with a lot of scent and taste in a nice 75 cl bottle. That started a curiosity for me.

- I began to read about types of beer and tried various beers from Systembolaget's range. I realised that beer could be so much more - ranging from light ales to fruity and powerful flavours. Beer and food go so well together and sharing a good beer served in a nice, big bottle is a completely different experience from drinking beer from a can.

WANTED TO TRY BREWING HIS OWN BEER

After a while, the bottles of beer took over Robert's wine cellar and by chance he bought a book about beer brewing. He became curious about the craft

behind beer-making and wanted to try it himself.

- I started with a ready-made recipe, bought pots and basic equipment. The first brew was ready for Easter 2016 and I was pleasantly surprised by the outcome. I was hooked and ordered hops, malt and yeast to experiment with my own recipes at home.

HOME BREWERY IN THE BASEMENT

Friends and acquaintances tasted Robert's own beer and the response was great. It prompted the idea of continuing on a larger scale. Since there was no local brewery in the area, he began to investigate the requirements for starting a microbrewery.

- After contacts with beer brewers on Gotland and a lot of research about legislation and rules, the company received a permit to start during the spring of 2017. Using 12 sqm of my basement, I have a complete brewery where I can produce about 10 000 litres of beer per year.

A GENUINE CRAFT

Brewing beer on a small scale is a genuine and time-consuming craft. Robert does everything himself. He creates the recipe, buys the ingredients, brews the beer, and bottles, labels and delivers it to the customers. He also manages the marketing, beer tastings and the design of his labels.

- I handle each bottle eight times before it is ready for delivery. Even if it's an at-times heavy workload, it's a lifestyle that suits me well. I can work at home and as I want. Above all, I enjoy the creative part of creating new beer recipes. I don't want to follow trends; I just make beer that I personally like.

Ahead of autumn and winter, Robert has developed three new limited editions. Several beer tastings are planned, including at the Wine and Delicatessen Fair held at Bohusgården Hotel & Conference in Uddevalla on January 25-26.

THE PACKAGING IS IMPORTANT

Robert puts a lot of energy into the design of the bottles and labels. Finding new markets is also a priority. In addition to the 11 restaurants in Uddevalla and surroundings currently selling his beer, it is also available to order via Systembolaget and as private import.

- I get many emails from former Uddevalla residents who are extremely happy and proud that there's a beer brewery in their hometown and beers with local names.

MICROBREWERIES GROW

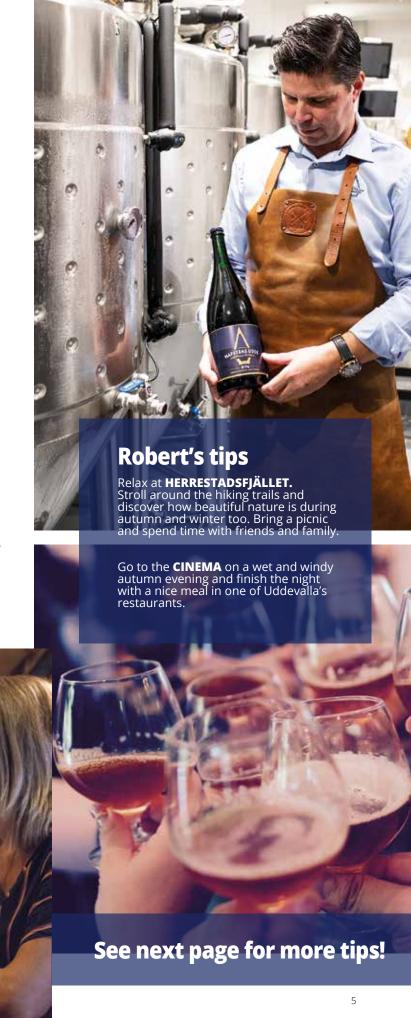
The interest in beer and craft of brewing has increased in recent years. Today, there are about 400 microbreweries, of which about 300 provide someone's livelihood. The small breweries make up five per cent of the Swedish beer market.

- In the early 1900s, there were many local breweries in Sweden. In Uddevalla we had the brewery Utsikten until sometime in the 1960s. The increased interest in locally produced products has allowed local breweries to start up again.

SUCCESSFUL FIRST YEAR

Robert grew up at Bleket in Uddevalla and has a broad local network, which is naturally an advantage as a new beer brewer

- I have received a very positive response from Uddevalla residents, which gives me the energy to continue developing my brewery. This first year as a beer brewer has been absolutely amazing − beyond expectation. But I am taking it slow and want to keep the small-scale format based on craftsmanship and quality. ■



CITY CENTRE TOP 5



Where to try the beer from Uddevalla Bryggeri

PINCHOS

No one likes everything, but everyone likes something – that's the thought behind Pinchos' menu with dishes from all over the world. Here, you will find everything from Spanish quesadillas to Asian dumplings, Hungarian Plank Steak and French crème brûlée – and last but not least, beer from Uddevalla Brewery.

MORTENS KROG

serves everything from classic á la carte to more basic dishes. You can also choose something from their café range. Try new combinations - why not a cinnamon bun and a nice beer? On weekdays they serve lunch and on weekends you can opt for shopping lunch after a spin around town.

KERSTIN PÅ TORGET is located right in central Uddevalla, next to the statue at the main square Kungstorget – a restaurant for the whole family. Here, you can enjoy everything from light meals, vegetarian, fish and meat to stone oven-baked pizza. Everything is made from quality produce with love and finesse.

MEATINGS is the place to go for a classic good lunch. The restaurant's concept is that the food should be well-made but also served quickly to allow you to get as much as possible out of your lunch time. In the evening, a luxurious buffet lets you choose between different cuts and cooking methods. Sit down, relax and enjoy yourself - and if you want to try beer from Uddevalla Brewery, just ask the staff!



PUB 1803

There is not much that beats hanging out with friends in an English-inspired pub with a big variety of beer - especially when it is located right in central Uddevalla. The pub is inspired by and decorated in English style with great Chesterfield armchairs and sofas to relax in. Perhaps it's at its very best during the weekend when it's showing all Premier League games during the season.

GREAT HANG-OUT IN OTHER WORDS!





Vi har bakat äkta italiensk pizza i Uddevalla sedan 1973.



www.napolipizzeria.se

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www.uddewallasaluhall.se





LAXBUTIKEN LJUNGSKILE



LJUNGSKILE

Against the backdrop of the mighty Bredfjället, the charming little community of LJUNGSKILE is situated along the bay. The word 'kile' means inlet and 'ljung' was once the name of the parish. Ljungskile has a protected position in the strait between Orust and the mainland. Many go to Ljungskile to enjoy a swim, boating or hiking, just like the visitors did in the late 1800s when Lyckorna was a seaside spa resort. The summer guests came

to socialise and enjoy warm and cold sea baths. They were attracted by the healing climate which was attributed to the mix of coniferous forest and sea air. The cold sea baths building and several of the beautiful summer villas from the 19th century still remain. And even though the days as a seaside health resort are long gone, one can only agree; There's something special about Ljungskile.

Delicacies from the sea attract customers from all of West Sweden

SUSANNA EXTENDS HER WELCOME

SUSANNA IVERMO'S FISHMONGER IN LJUNGSKILE IS SOMETHING OUT

OF THE ORDINARY. Customers of all ages come here for something more than shellfish, fish fillets and traditional accompaniments. It is nationally renowned for giving the traditional sweet treat 'semla' a marine makeover by adding of prawns, even attracting lunch customers from Stocholm!

The prawn semla is just one example of Ljungskile Havsdelikatesser's unique products. During this year's Shrove Tuesday (when the semla is traditionally enjoyed), they made no less than 1000 prawn semlor!

- Produce from the ocean provides endless opportunities to create new delicacies. That's what makes the job so great, says Susanna, who has owned the company for five years.

- My big driving force is to continually

develop the business and expand our offerings with new taste combinations and dishes.

OWN PRODUCTION

Susanna and her staff produce almost all delicacies in the store – a time-consuming craft that is highly appreciated by customers. It offers both ready-to-eat dishes and dishes that the customer only needs to pop in the oven for a few minutes.

- We want to make it easy for people to enjoy seafood. Our customers are mostly from our region and some regulars come from Gothenburg every Friday to buy our food. It is completely crazy, Susanna says with a big grip

with a big grin.
- We reach a large audience by spreading food inspiration through social media.
When I started in this industry, the majority of customers were over 60 years old.
Today we attract younger and younger customers, which is great fun. Even high

school students buy sushi from us when they don't like the school lunch.

NATURAL CAREER PATH

At 15, Susanna worked as a trainee in a fish shop in Uddevalla. She chose to stay in the industry, started working at Ljungskile's fishmonger and ran it with her dad for a few years before she took over.

- It felt natural for me to take over the shop. There's so much to develop - in addition to the delicacies we create, we have also chosen to focus on sustainable produce, packaging and more. Environmental considerations permeate the entire business.

ONLY SUSTAINABLE PRODUCE AND PACKAGING

Customers notice it clearly in the store. There is no eel, no crayfish caught by trawling, and no salmon caught in the wild. Only MSC-certified fish and carefully



Susanna's tips

Take a nice walk along **STRANDPROMENADEN.** Ljungskile is beautiful all year round.

Shop for locally produced meat and delicatessen at LJUNGSKILE CHARK.

Enjoy freshly caught mussels at MUSSELBAREN.

Pop into **KÄRRSTEGENS GÅRD** for interior design, delicacies and coffee.

Don't miss **GERTS OSTVAGN** in Ulvesund. Apart from offering great cheese, it's always fun to shop there.





controlled produce. And only packaging from paper or recycled

- Some customers may find it strange, but when we explain why we only have sustainable produce and packaging most of them think it's the right choice.

- Environmental considerations are important to me. We check everything about a product before we buy it. It takes a lot of work but it really is worth it. If we don't invest in sustainability there will be no fish in the ocean in the future. As a parent, I naturally want to do what I can to avoid one such a development.

UNIQUE STORE SETTING

The care for the environmental is also noticeable as you step into the newly built fish shop outside ICA in Ljungskile. The 55 sqm building is almost entirely built from wood - both externally and internally - and accommodates a shop, a kitchen and a few tables for dining guests. The building was nominated for the 2017 Architecture Award by Uddevalla Municipality. Susanna drew the building from her own ideas and her partner built it.

- I am extremely proud and happy with our store. It does not look like a traditional fishmonger and we have decorated it more like a home. Our customers appreciate the environment and for us, who spend so much time at the workplace, it feels like a second home.

- We already have plans to extend by a few square meters to be able to accommodate more dining guests.

APPRECIATES THE LJUNGSKILE SPIRIT

There is no doubt that Susanna likes to run a business in Ljungskile.
- It's great fun, as all small business operators here work towards the same goal and help each other by promoting one another. The

Ljungskile spirit is noticeable in many ways, also to our customers. The Havsdelikatesser eating and shopping experience attract customers from all of West Sweden and our unique shops and restaurants ensure many return.

TIME TO TRY NEW FOOD IDEAS

The summer season is an extremely intense time for Susanna and her staff; the staff doubles to cope with the high demand.

- The autumn and the winter is when we have time to try making new dishes. This autumn, we will learn more about what you can cook from sea cucumbers, algae and other ocean produce not currently used. There's great potential, which feels perfectly right from an environmental point of view.

A WINTER'S DAY IN LJUNGSKILE

If Susanna is free on a Saturday during winter, she likes to have a look in the shops Sprudla and Kärrstegens Gård and enjoy a nice lunch at one of the restaurants or the cafés.

- Ljungskile is beautiful all year round. Walking along Strandpromenaden by the water gives you a great view of our lovely community. It's not hard to fill a whole day with shopping and dining experiences here.

LJUNGSKILE'S TOP 5



MOVIE TIME

What can be cozier than an evening at the cinema with someone you like? Ljungskile Folkhögskola shows several movies during the autumn and winter months.

www.ljungskilebio.se



SHELLFISH & MUSSELS

Did you know that shellfish taste best during autumn and winter? At **MUSSELBAREN** in Ljungskile, you can enjoy the freshest blue mussels even during the darkest months.

Book a table at www.musselbaren.se



COSY CAFÉ FLORA

Locally produced delicious lunches, homemade pastries, bread from the sourdough bakery Surdegsbageriet and organic drinks are served at Café Flora, situated in a traditional red warehouse in central Ljungskile. Perfect for those who love fika – that's Swedish for coffee and something sweet!

More information at www.uddevalla.com

FOOD EXPERIENCE AT VILLA SJÖTORP

Invite family and friends to a dining experience at Villa Sjötorp. Sample sustainable, organic and local produce prepared in the best way imaginable. Combine the dining experience with a walk at Lyckorna or stroll around Villa Sjötorp's garden to enjoy breath-taking views.

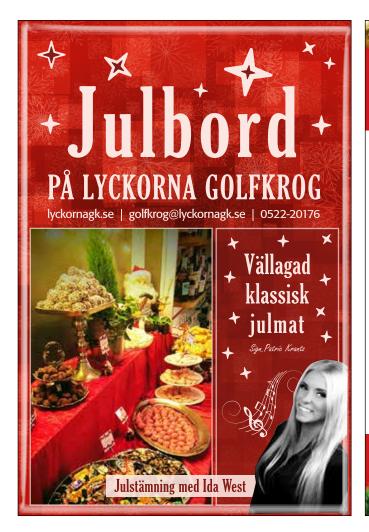
More information at www.villasjotorp.se



GOLF ALL YEAR AT LYCKORNA

Do you want to take your golfing to the next level this winter? **LYCKORNA GOLF CLUB** opens its new training facility "LYCKORNA SWING365" in October. Training spots under a roof with infrared heaters, golf studio and indoor short game area. The club's PGA coach is available for lessons and equipment advice.

www.lyckornagk.se





ADVENTSMÄSSA

Kören Calluna medverkar **Sön 2 dec 11.00** i Ljungs kyrka

SJUNG IN ADVENT

tillsammans med Forshälla sångkör **Sön 2 dec 16.00** i Forshälla kyrka

SJUNG IN JULEN

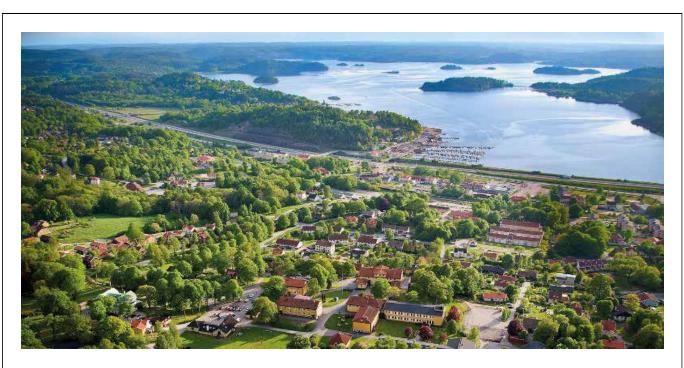
Sjung julens alla sånger & psalmer tillsammans med Calluna och projektkör **Sön 16 dec 18.00** i Ljungs kyrka

JULNATTSMÄSSA

Mån 24 dec 23.30 i Ljungs kyrka

Läs om övriga advents- och julgudstjänster på vår hemsida: **svenskakyrkan.se/ljungskile**





LJUNGSKILE FOLKHÖGSKOLA
Kurs & Konferens

Hos oss kan du njuta av den vackra utsikten året runt. Vardagar serverar vi dagens lunch 11.30-14.00. Vi erbjuder konferenslokaler, hotell och vandrarhemsrum, bröllop och festarrangemang samt catering. Kontakta oss för offert.

tel: 0522-68 69 70 www.ljungskile.org email: konferens@ljungskile.org



BOKENÄSET

BOKENÄSET is Bohuslän in a nutshell. The peninsula offers both contrasts and harmony. Here, you'll find great hiking trails through beech and coniferous forests, and you are always close to the blue-grey rocks and beaches framed by the Havstensfjord, Nordströmmarna and Gullmarsfjorden. Bokenäset has a prominent cultural landscape with historical remains and other traces from early settlers. 800 years ago, Dragsmark's monastery was a centre for spirituality, education and culture. Whether you

arrive at Bokenäset by boat, car or bike, you will find many places to enjoy nature in peace and quiet. One example is Havstensklippan, 119 meters above sea level offering spectacular views towards Uddevalla in the east and the outer archipelago to the west. Did you know that Oden chose Havstensklippan as the base for his ravens Hugin and Munin from which they collected news about the world? Wise choice some would say, as there's always something exciting happening here at Bokenäset.

Turning garden apples into a locally-produced traditional drink.

CARINA & JESSICA EXTEND THEIR WELCOME

IT IS CRUNCH TIME AT BOKENÄSET'S

RÖDS MUSTERI. The enormous autumn apple harvest is keeping Jessica Eklund and Carina Eklund busy, producing a record amount of apple 'must' – a traditional Swedish fruit drink similar to a non-alcoholic cider.

- An increasing number of people wants to make use of the fruits in their gardens and the interest in locally-produced goods is on the up too, says Jessica who runs the 'musteri' (apple drink brewery) with her mum Carina.

During autumn, tons of apples are processed at Röds Musteri, turned into thousands of litres of pure, additive-free apple drink. The apples come from private gardens in Uddevalla, Ljungskile, Munkedal and other places in the region.

- This is a record year. We haven't had this many apples since we started in

2016, says Jessica.

- It's great that people increasingly want to make something good of their apples instead of throwing them away. Handing them to us and getting 'must' from their own apples back in bottles or in a bagin-box is also a convenient way to take care of the fruit.

BUSY AUTUMN

For the first time, Carina and Jessica also offers to pick the apples in the gardens if the customers can't do it themselves. Time is a critical factor for some customers, but also for Carina and Jessica who have other jobs alongside the brewery, making autumn a busy season. - We work with the brewery four days a week and the goal is to have it as a full-time job during autumn and being able to sell apple 'must' all year round. It's so much fun and it gives us the energy to work as much as we do.

FROM BARN TO BREWERY

Carina came up with the idea of starting a 'must brewery' a few years ago after she tried making the drink in a smaller scale with a standard kitchen machine. She made apple 'must' for friends, and the demand grew. Carina got daughter Jessica involved in the project and they turned the farm's barn into a 'musteri'. - We invested in larger equipment and started off working evenings an weekends. We didn't have to do much advertising as word spread quite quickly.

A REAL CRAFT

- In addition to apples, we also make must from pears. Mixing the two fruits is also really nice. Jessica explains that the fruit must be firm and without any rotten parts. The process is a real craft; bad parts are cut out before the fruit is rinsed and crushed. and the juice squeezed out of them. Then it's time for







the pasteurisation, that is, the must is heated to 78 degrees to kill any bacteria. Finally, the drink is poured into bottles or a 3-litre bag-in-box.

- We have taken great care to produce bottles and labels in a traditional style - for example, the bag-in-box is brown cardboard. Many customers give it away as a nice gift, especially when it's made from fruit from their own garden.

GROWING INTEREST IN LOCAL PRODUCE

Röds Musteri also sells its own apple 'must' at the farm and at various local markets and events. Leading into Christmas, they participate in the annual Christmas craft market 'Hantverksglädje på Bokenäset' where visitors can have a taste.

- We like to work locally and small-scale. We clearly notice that customers increasingly value locally produced goods. A lot has happened in the three years we've run the business.
- What drives us is that we meet so many lovely people who appreciate what we do. Being able to help someone make

use of the fruit from their gardens feels really good. It's a big waste to throw away fallen fruit, but it may be due to many people not knowing we can take care

They also enjoy experimenting with other fruits and berries and this summer they tried making a raspberry must. - It was amazingly good!

FOUND A HORSE FARM AT BOKENÄSET

Jessica and Carina are both from Ljungskile but five years ago, Jessica moved to Bokenäset. She and her partner found a horse farm near the Bokenäs township that suited them well.

- It wasn't a difficult choice to move here; we really enjoy it here. We live in the countryside with great nature and the sea a bike ride away. At the same time, we are close to town and the services available there.

Carina & Jessica's tips about a flavoursome warm apple drink

- 1 LITRE APPLE 'MUST' 3 TBSP LIQUID HONEY 1 VANILLA BEAN 2 CINNAMON STICKS

- **VODKA, TO TASTE**

Bring the apple 'must', honey, vanilla bean and cinnamon sticks to the boil; then immediately remove the pot from the heat. Let it cool down somewhat and, if you want, add some vodka.



BOKENÄSETS TOP 5



CHRISTMAS SWEETS

In a red barn by the bridge to Skaftö, **MARSIPANLADAN** offers heavenly pralines, gift boxes, sweets and marzipan figures.

More information at www.kutterkonfekt.se

TASTE WHAT BOKENÄSET HAS TO OFFER

Enjoy a great lunch at the **RESTAURANG STALLGÅRDEN** at Rotviksbro. Set within a farmhouse dating from the 17th century, the restaurant offers the West Swedish flavours. The building is also home to popular design shop **TVÅ FRÖKNAR** which sells interior design and clothing.

More information at www.uddevalla.com.



Did you know that Havstensklippan sits 119 metres above sea level?

At **HAFSTEN RESORT** you will find five marked **HIKING TRAILS** cover different difficulty levels. Three of them lead to one of Sweden's perhaps the finest viewpoints, Havstensklippan, with majestic view of the archipelago. Pack your backpack and head out for a day of hiking and playing in the forest. Why not finish the day with a picnic or barbecue? Maps can be collected at the front desk, free of charge.

More information at www.haftsen.se



Visit the craft market **HANTVERKSGLÄDJE PÅ BOKENÄSET** in Bokenäs Hembygdsgård; the Christmas market in mid-November offers a perfect opportunity to buy delicacies and crafts as Christmas presents.

More information at www.uddevalla.com



FUNDERAR DU PÅ ATT BYGGA HUS?

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För mer info, kontakta; **Stefan Mattsson** Tel. 0708-24 96 61 www.vargardahus.se



Ditt hem som du vill ha det





Unna dig lite vardagslyx.

Nypressad äppelmust, en räksmörgås eller en pralin till kaffet. Visst njuter vi av lite guldkant på tillvaron, inte minst när den är lokalproducerad!

Men även själen kan behöva lite guldkant ibland. En stunds stillhet mitt i veckans vardagsbrus. Vacker musik att sluta ögonen till. Eller ett samtal som inte avbryts utan får komma till punkt. Om något viktigt, eller oviktigt. Det är vardagslyx. Välkommen till Svenska kyrkan i Uddevalla!

PS. Missa inte allt som händer hos oss i jul! För fullständigt program se: www.svenskakyrkan.se/uddevalla/jul













EVENTS

A selection of Uddevalla's winter events 2018/2019
The full program is available at uddevalla.com

AUTUMN SCHOOL HOLIDAYS, 29 OCT - 4 NOV

In Uddevalla, there are lots of fun stuff to do during the autumn holidays, both indoors and outside. Get ideas at www.uddevalla.com

HANTVERKSGLÄDJE PÅ BOKENÄSET, 17-18 NOV

Welcome to the annual Christmas market at Bokenäs Bygdegård 11am-4pm. Buy Christmas presents, Christmas decorations and other craft.

CHRISTMAS LIGHTS, 22 NOV

We turn on our beautiful Christmas lights in Uddevalla city Centre with music and speeches. Thousands of visitors create a great atmosphere and the event also kick-starts this year's Julljuspromenad (Christmas Lights Walk). In Ljungskile city Centre this years Ljushuvud (genius) is selected and there will be activities and music.

6 pm at Kungstorget and Ljungskile square.

A selection of Uddevalla's winter events 2018/2019 The full program is available at uddevalla.com



ST LUCIA CELEBRATION, 13 DEC

Don't miss Uddevalla's traditional St Lucia celebrations featuring beautiful song and music in several venues, including its city church. Details at www.uddevalla.com

LAUNCH OF THE NEW CITY CENTRE SQUARE AND MAIN STREET, 14 DEC

You may have already seen that both Kungsgatan and Kungstorget have got a facelift during autumn. On December 14, we celebrate the new beautiful city centre with a festive launch. A warm welcome!

KUNG KARL XII LIVE THEATRE, 15 DEC

Take part in the story around Karl XII's death in 1718 and the events that took place in Uddevalla. The spectacle recreates the funeral procession that 300 years ago went through the city before the embalmment of the body and the proclamation of Ulrika Eleonora as the new regent at Kungstorget.

CHRISTMAS TORCH WALK, CHRISTMAS WINDOWS SUNDAY, 2 DEC

ADVENT CONCERTS

Celebrate advent with beautiful Christmas music in our churches and several other places. Keep an eyeout for Uddevalla's advent concerts at www.uddevalla.com

The stores in central Uddevalla offer some unusual and exciting window display this Sunday. Fairy tales come to life behind the glass panes everything from Törnrosa and Santa's helpers, to the characters from Star Wars. A lovely Sunday experience for the whole family.

Real-life window displays: 11am-12pm.

In an annual and muchloved Christmas experience, everyone is invited to walk along the water with a torch in hand. Music and surprises appear along the way. Upon arrival at Gustafsberg, hot Christmas drink 'glögg' (glühwein) and other treats are served.

> Starts at 4.30pm from Svenskholmen.

Get in the Christmas spirit at this annual event which transforms all of Kungstorget into a marketplace, a bit like it used to be. Here, you'll find Christmas wreaths, crafts and homemade delicacies. The West Swedish Order of Santas offers Christmas music and dancing around the Christmas Tree.

TRADITIONAL CHRISTMAS

MARKET SQUARE,

8-9 DEC

Saturday 10am-3pm, Sunday 11am-3pm.



REAL-LIFE NATIVITY SCENE, 16 DEC

The real-life Nativity Scene at Kungstorget has become a popular Christmas feature in central Uddevalla. Experience the theatrics, the glorious music, the choir, and camels, donkeys and goats on stage in a modern show with innovative and fun elements.

NEW YEAR, 31 DEC

Uddevalla residents love seeing in the New Year with the fireworks from Skansberget, offering a perfect view in Museiparken, which hosts the formal New Year's Eve speech.

Full program at www.uddevalla.com.

WINE AND DELICATESSEN FAIR, 25-26 JAN

Across two days at Bohusgården Hotel & Conference, the fair is filled with taste experiences. Sample and enjoy drinks and delicacies from regional producers and importers. Interesting speakers offer knowledge and you can buy quality products.

WINTER MUST-DOS!

EXHIBITIONS

You can visit Bohusläns Museum all year round; it has several permanent exhibitions but also temporary ones. Stay up to date at

www.bohuslansmuseum.se.

THE BOAT HALL

From heritage to leisure boats

THE BOHUS HALL

Where nature meets art

THE STARTING POINT

Excursion time. Discover places to visit.

THE JOHNSON HALL

Meet the great artists; Zorn, Hill, Liljefors ...

MEET THE TRAVELLERS

... and an important part of our history

COASTLAND

Faith, hope and love by the coast and sea

BORDERLAND

Meet Ingeborg, Nordic Duchess with power

THE BERNHARDSON ROOM

Among ghosts, magicians and sea folk

UDDEVALLA THROUGH THE AGES

Port and trading hub in border region

BOHUSLÄNS MUSEUM

Museigatan 1

OPENING HOURS

Mondays 10am-4pm Tuesdays - Thursdays 10am-8pm Fridays - Sundays 10am-4pm *except certain holidays



CHRISTMAS GIVING TREE, 2 - 16 DEC

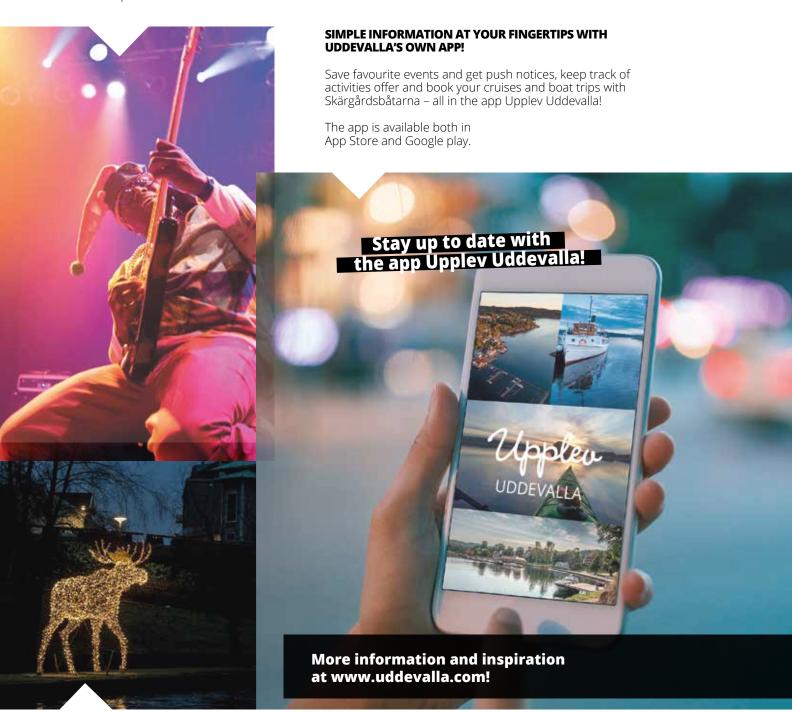
Buying Christmas presents and food can't be taken for granted by all families. Through the Christmas Giving Tree, you can help fulfil the Christmas dreams of children and youths. Pick a wishing note from the tree at Gallionen shopping centre and buy the nominated Christmas gift; Lions will make sure it gets to the right person. Details at www.lionsuddevalla.se

MIDWINTER CELEBRATION, 1 DEC - 6 JAN

Bohuslän Museum and crafters invite you to this year's Midwinter Celebration. It is both an exhibition and an opportunity to buy locally produced and organic carvings and crafts. This year's theme is "Food craft and craft food an ancient love affair".

CHRISTMAS SHOWS

For those who like music, good food and entertainment, Meatings features a Christmas show with Haaks, Mortens Krog hosts Show Sisters and guest artists, while Lyckorna Golfkrog puts on a delicious Christmas smorgasbord accompanied by singer Ida West. Enjoy the Christmas season a little bit more this year! For more information and inspiration visit www.uddevalla.com!



CHRISTMAS LIGHTS WALK 22 DEC - 13 JAN

Join the walk along the picturesquely lit-up trail through Uddevalla city centre. Vote on your favourite light installation by 6/12. For every vote, Uddevalla Energy and Bohusläningen donate 20 SEK to charity Saron House (up to 20 000 SEK).





Nu är det lättare för dig att kontakta kommunen och få svar på dina frågor.



Fråga kontaktcenter!

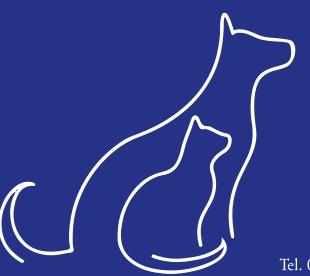
Kontaktcenter tel: 0522-69 60 00 E-post: kommunen@uddevalla.se Besök: Rådhuset, Kungstorget Öppet vardagar 08:00–16:30



Bohusläns Smådjursklinik

Ditt djursjukhus i Uddevalla

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ÖPPET: Måndag - Fredag 8.00-20.00 Tel. 0522-817 70 · Bastionsgatan 26 · www.bosmab.se



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Kryssning Karibien

Flyg, hotell med frukost 3 nätter (suite), kryssning 1 vecka med utsideshytt, helpension & reseledare.Köp till utsideshytt & dryckespaket för endast 2500:-/p

27/3 - 12 dgr.......25.200:-

Medelhavskryssning 2019

Flyg, hotell 1 natt, transfer, kryssning från Venedig med helpension samt reseledare.

17/5 - 9 dgr	
27/9 - 9 dgr	16.495:-

Vår i Holland

Buss, Göteborg - Kiel t/r med hytt med golvbäddar, hotell med dubbelrum, frukost, 3 middagar, ölprovning, utflykter samt besök på Keukenhof.

Fantastiska Bornholm

Buss, färjor, hotell med frukost & middag, två luncher, vinprovning entréer & utflykter samt reseledare.



Almunecar, Spanien 1 eller 2v

I mars återvänder vi till Spanska solkusten, välj mellan en eller två veckor med helpension på trivsamma hotell Victoria Playa.

2/3, 9/3 - 8 dgr	7.595:-
2/3 - 15 dgr <mark>11</mark>	.195:-

Kielkryssning

Buss, hytt med frukost & shopping. Handla 100 kg per person.

Varje måndag 7/1 - 17/6fr. 995:
Fredagar - se vår hemsida fr.1.095:-
De populära temakryssningarna fortsätter även 2019 - se vår hemsida

Polen med Gdansk & Sopot

Buss, färja med hytt & frukost, centralt hotell med frukost i Gdansk samt stadsrundtur

5/8 - 4 dgr Boka före 1/4	1.995:-
Vid bokning efter 1/4	2.395:-

Vem drömmer inte om Söderhavet?

Sydney med 10-nätters kryssning till Söderhavet, Flyg, hotell 4 nätter med frukost, Stadsrundtur Sydney, Skaldjurskryssning med lunchbuffé, Välkomstmiddag, Kryssning i insideshytt med helpension, skatter, dricks & hamnavgifter samt svensk reseledare.

Sparrisresa med Kiel t/r

Buss, hytt med frukost, hotell med frukost, 4 middagar, en lunch, vinprovning, entréer samt

Upplev Rom med Pierino

Flyg, hotell, utflykter samt reseledare Per Åsander!

AUTUMN & WINTER ADVENTURES

FOR YOUNG AND OLD





TAKE THE TIME to put some spark into the dark autumn and the cold winter days with experiences and enjoyment. Why not try something you've never done before? In Uddevalla, there's a lot to do even in the winter. The adventures depend on who you are and what you like, if you are young or old, if you want to be active or relax, if you prefer indoors or outdoors. Here are some of our best tips!



FRESH-AIR ADVENTURES

Recharge your body with fresh air and enjoy the great calm that comes with spending time in nature during winter. Pack a picnic and bring the family or friends on a nice trip along any of the lovely hiking trails by the sea or in the forests. The trails at Bredfjället in Ljungskile are between 2.5 and 13 km and take you through majestic forests and to beautiful little lakes. In Uddevalla, Strandpromenaden offers a scenic seaside walk, while Herrestadsfjället has tens of kilometres of excellent trails for hiking and skiing. If you like the ocean, try winter kayaking in Uddevalla and

Ljungskile archipelagos; it's a different experience to summer kayaking. Kayaks are available for hire from Friluftsfrämjandet in Ljungskile, Anfasteröd Gårdsvik in Ljungskile and Hafsten Resort at Bokenäset.

PLAYFUL ADVENTURES

When the autumn storms rage outside and the family is looking for fun, there are lots of things to do. Bohusläns Museum has exhibitions for young crowds and the whole family can embark on a "sail around the world" with map and compass, go

on a photo hunt or egg hunt. Another popular excursion for families is children's play centre Stella's Lekland where active kids can hit the trampolines, climbing walls, ball pit and softball cannons. If you're looking for something quieter, catch a movie at Biostaden in central Uddevalla. For an encounter with the king of the Forest, head to the moose park Moose of Anneröd a few kilometres outside Uddevalla. Here the moose roam in their natural environment offering you a good chance to see some.





WINTER PLEASURE

People come to Uddevalla to enjoy wonderful baths and swimming even in winter. Spending an afternoon, a day or a whole weekend at a spa facility is a wonderful way to unwind and recharge body and soul. Beautiful pools, different types of saunas and a wide range of treatments are available

at several hotels in Uddevalla – at Bokenäset Hotel & Conference, Bohusgården Hotel & Conference and Hafsten Resort among others. ■

3 healthy winter tips

WINTER SWIMMING at Gustafsberg is one cool experience well worth trying. A swim ladder is located on the jetty at the Gustafsberg hostel. Winter bathers are welcome here during the cold season.

CROSS-COUNTRY SKIING TRAILS

are maintained in several recreation areas in Uddevalla if there is natural snow. Electric lights trails are located at Klämman, Norra fjället, Bjursjön and Stenshult. Current info at skidspar.se/vastra-gotaland/uddevalla.

TAKE A CHRISTMAS LIGHTS WALK

along the lit-up trail through Uddevalla centre (22/11 - 13/1). Make sure you vote for your favourite light installation by 6/12 as every vote generates a 20 SEK donation by Uddevalla Energy and Bohusläningen to charity Saron House (up to 20 000 SEK).

More winter tips can be found at www.uddevalla.com

GUSTAFSBERG - SWEDEN'S OLDEST SEASIDE RESORT

Strandpromenaden seaside boardwalk leads to beautiful Gustafsberg, a popular resort from the 18th century until the end of the 19th century. Stroll around the area to look at the picturesque old buildings that were summer houses, hotels and restaurants to the summer visitors. Gustafsberg is equally beautiful all year round.

More information at www.uddevalla.com.











The great herring period - looking back at Uddevalla's history

BOHUSLÄN is largely characterised by wonderfull salty flavours, by its surroundings with historic small fishing communities and knowledgeable fishermen. Herring fishing is a strong tradition that leaves a silvery shimmer across the region – not least in Uddevalla.

The shiny and flavoursome cultural symbol, the herring, has played a vital role for centuries – both as nutrition and livelihood. It laid the foundation for immense wealth and work for thousands of fortune-hunters who flocked here from near and far.

The great herring periods occurred in Bohuslän about once every century and during the middle Ages, herring was an international commodity due to its ability to be salted, stored and transported long distances through Europe. The great herring period from 1747-1808 gave Bohuslän and Uddevalla a significant boost, allowing for the export of 30,000 barrels of herring each year for five years.

When the herring pushed deep into fjords and coves in the mid-18th century, it was easy to fish. Stretching all the way into central Úddevalla, Byfjorden was a veritable gold mine during the second half of the 18th century known as "the golden age of Uddevalla". The town was so full of herring factories that a ban was imposed on transporting uncovered herring to prevent herring falling off open trailers and leaving a terrible stench behind in the gutters of the cobblestone streets. The charming cobbled streets remain in Uddevalla's centre today.

One of Uddevalla's tryworks fat boileries was located at Svenskholmen, where Strandpromenaden runs past today, but the city's most central boilery was situated where Hotel Riverside is today. However, it wasn't located there for long as the most common wind direction brought a certain odour into the city. Despite the unbearable stench during production, herring holds a special place in the heart of western Swedes – as well as a given spot on the table during our holidays - specially for Christmas.

The herring has not only influenced the history of Bohuslän, but also the design of the landscape. Did you know that Bohuslän's bare rocks are a consequence of trees being cut down to fuel the tryworks oil boileries? Perhaps Skeppsviken, today one of Uddevalla's most popular summer swimming spots is even a result of the herring period? Skeppsviken is situated right next to Svenskholmen where tryworks oil boileries were located during the golden age of Uddevalla!

THE GREAT HERRING PERIODS OF BOHUSLÄN

approx: 970 - 1030 (60 years) 1660 - 1680 (20 years) 1175 - 1225 (50 years) 1747 - 1808 (61 years) 1420 - 1490 (70 years) 1878 - 1898 (20 years)

1556 - 1598 (32 years)



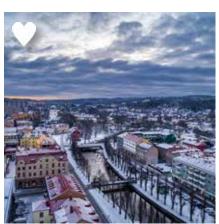
INSTAGRAM-FRIENDLY UDDEVALLA

We say that Uddevalla is the heart of Bohuslän. Not only because it is the largest city of the region, but because it's also the perfect starting point for anyone wanting to experience all of Bohuslän. Its location by the sea, its exciting story and all its sights can keep you occupied for a long time. There are many Instagram-friendly places to visit – these are some of our favourites.





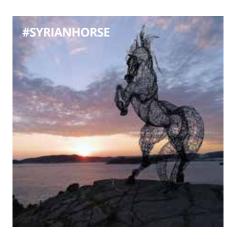














You haven't missed the new Syrian Horse sculpture at Skeppsviken near Hästepallarna in Uddevalla, have you? The artwork has attracted a lot of attention and appeared in many Instagram feeds. Uddevalla Municipality has hired the Syrian Horse for one year, but a collection is under way to keep the sculpture permanently. If you want to contribute to the fund-raising for Syrian Horse, visit www.destinationuddevalla.com/aktuellt for more information.

www.uddevalla.com



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